



Ashington & Newbiggin Family Hub

January - March 2024



MONDAY

Infant Feeding

10:00 - 11:30 | Drop In

10:00 - 10:30; Focus time for

Breastfeeding - Babies under 8 weeks.

10:30 - 11:30; Infant Feeding advice &

support, chat to other parents! 0 - 1 years

Ashington Family Hub

Virtual Tiny Talkers

10:00 - 11:00

Boost your child's speech/language,
social skills, routines & more.

Children aged 1 - 3 years

Sign up to request a place

Tiny Talkers

13:00 - 14:00 | Ashington Family Hub

Boost your child's speech/language,
social skills, routines & more.

Children aged 1 - 3 years

Sign up to request a place

Sensory Chill Out

16:00 - 17:00

For children aged 6-11 who have any type
of additional needs, learning or physical.

An opportunity to meet other children,
young people and families. **Call to book**

TUESDAY

Learning Together Through Play

10.00 - 11.30 | Drop In

Term Time sessions where Family Hub

Practitioners lead on craft activities, songs,

as well as advice on development

Pegswood Community Hub

Children aged 0 - 5 years

Brilliant Babies

10:00 - 11:00 | Sign up to request a place

Helpful tips, play ideas, communication
& your babies development

Newbiggin Family Hub

Children aged 0 - 6 months

Learning Together Through play (AND)

For families with a child who are diagnosed,
or are waiting to be diagnosed with an

additional need, and/or disability. Starting

February! **Newbiggin Family Hub**

13:00 - 14:00 | Sign up to request a place

Children aged 0 - 5 years

HENRY Preparation for Parenthood

15:00 - 17:00 | Sign up to request a place

Learn about healthy pregnancy, birth and
feeding. Starting 9th January for 6 weeks

Ashington Family Hub

TUESDAY

After School Club

16:00 - 17:00 | Call to Book

Term Time sessions where Family Hub

Practitioners lead on craft activities, songs,

as well as advice on development

Ashington Family Hub

Children and Family aged 5 - 14 years

WEDNESDAY

Learning Together Through Play

10:00 - 11:30 | Drop In

Term Time sessions where Family
Hub Practitioners lead on craft

activities, songs, as well as advice
on development

Ashington Family Hub

Children aged 0 - 5 years

Tiny Talkers

13:00 - 14:00 | Sign up to request a place

Boost your child's speech/language,
social skills, routines & more

Newbiggin Family Hub

Ashington Family Hub

Children aged 1 - 3 years

THURSDAY

Learning Together Through Play 10:00 - 11:30 | Drop In

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

Ashington Family Hub
Children aged 0 - 5 years

Learning Together Through play (AND)

For families with a child who are diagnosed, or are waiting to be diagnosed with an additional need, and/or disability

Ashington Family Hub 13:00 - 14:00
Sign up to request a place
Children aged 0 - 5 years

Ashington Family Hub

Alexandra Road | Ashington
Northumberland, NE63 9EF
01670 819988

Newbiggin Family Hub

Cleveland Ave | Newbiggin
Northumberland, NE64 6RR
01670 812751

Please be aware, there may be waiting times for referral programmes



THURSDAY

HENRY Workshops Call to Book

One off sessions highlighting support in various areas such as understanding our children's behaviour, eating well for less and dental health. For more information, please give us a call
Ashington Family Hub | Morning

HENRY 0 - 5

12:30 - 14:30 | Sign up to request a place

An 8 week group, looking at health and wellbeing for the family. For more information, please get in touch

Ashington Family Hub

What's the Craic

17:00 - 19:00

Come along, no need to book

Free sessions for dads/male carers to talk to other people about what's going on in your life helps alot!
Ashington Family Hub



FRIDAY

Learning Together Through Play 10:00 - 11:30

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

Newbiggin Family Hub
Drop In | Children aged 0 - 5 years

PEEP Toddler 10:00 - 11:00

Sign up to request a place

Information, tips & activities to support your child's development

Children aged 6 - 18 months

Brilliant Babies

13:00 - 14:00

Sign up to request a place

Helpful tips, play ideas, communication & your babies development

Children aged 0 - 6 months

Registration Form: nland.cc/fhreg

Request Form: nland.cc/fhreq