

Infant Feeding Support Groups

No Booking Required

Monday

Cramlington Community Hub (Manor Walks)- 9:30-11:30
Ashington Family Hub - 10:00-11:30

Tuesday

Prudhoe Family Hub - 10:00-11:30
(Alongside Learning Together Through Play)

Wednesday

Blyth West Family Hub - 12:30-14:00

Thursday

Bedlington Family Hub - 10:00-11:30
Alnwick Family Hub - 10:00-11:30
Berwick Family Hub - 13:30-15:00

Friday

Hadston Family Hub - 10:00-11:30
(Alongside Learning Together Through Play)
Haltwhistle Family Hub - 10:00 - 11:30
(Alongside Learning Together Through Play)
Hexham family Hub - 13:00 - 14.30



All groups reserve the first 30 minutes for breastfeeding support for babies under 8 weeks

The Infant Feeding team offer support, whether you're getting started with breastfeeding, starting solids, returning to work and everything else in between. The groups are also a great place to chat with other parents about you & your new addition to the family.



@breastfeedingnorthumberland



Northumberland
County Council

Family Hubs
Here for everyone

NHS
Harrogate and District
NHS Foundation Trust