

**MONDAY****Feeding Friends****10:00 - 11:30 | Drop In**

Come along for infant feeding advice and support, to have a chat and share tips with other parents.

**Ashington Family Hub****PEEP Baby****09:30 - 10:30 | 0 - 6 months****Sign up to request a place**

Information, tips & activities to support your child's development

**Ashington Family Hub****PEEP Early Communicators****13:00 - 14:00 | 15 months+****Sign up to request a place**

Information, tips & activities to support your child's development

**Ashington Family Hub****Family Cafe****13:30 - 14:30 | Any age | Drop In**

Come along for refreshments and a chance to speak to the Family Hub

**Ashington Family Hub****Sensory AND Chill Out****16:00 - 17:00 | Call to Book**

For children aged 6-11 who have any type of additional needs, learning or physical.

An opportunity to meet other children, young people and families.

**Ashington Family Hub****TUESDAY****PEEP Stay & Play****10.00 - 11.30 | 0 - 5 years**

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

**Pegswood Community Hub | Drop In****Learning Together Through Play (AND)****11:30 - 12:30 | 0 - 5 years**

For families with a child who are diagnosed, or are waiting to be diagnosed with an additional need, and/or disability.

**Newbiggin Family Hub****Sign up to request a place****PEEP Baby****13:00 - 14:00 | 6 - 12 months****Sign up to request a place**

Information, tips & activities to support your child's development

**Ashington Family Hub****HENRY Preparation for Parenthood****15:00 - 17:00 | Sign up to request a place**

Learn about healthy pregnancy, birth and feeding. **Ashington Family Hub**

**After School Club****16:00 - 17:00 | Call to Book**

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

**Ashington Family Hub****Children and Family aged 5 - 8 years**

## WEDNESDAY

### PEEP Stay & Play

10:00 - 11:30 | 0 - 5 years

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

**Ashington Family Hub | Drop In**

### PEEP Early Communicators

13:00 - 14:00 | 15 months+

**Sign up to request a place**

Information, tips & activities to support your child's development

**Ashington Family Hub**

**Sign up here  
to be added**



Please be aware, there may be waiting times for referral programmes

**Membership Form:** [nland.cc/fhreq](http://nland.cc/fhreq)

## THURSDAY

### Learning Together Through Play (AND)

13:00 - 14:30 | 0 - 5 years

For families with a child who are diagnosed, or are waiting to be diagnosed with an additional need, and/or disability

**Ashington Family Hub**

**Sign up to request a place**

### PEEP Baby

13:00 - 14:00 | 6 - 12 months

**Sign up to request a place**

Information, tips & activities to support your child's development

**Newbiggin Family Hub**

### Lynemouth Toddlers

14:00 - 15:00 | William Leech

Come along for story time, messy play, painting and more! Snack included!

**Drop In | Children aged 0 - 3 years**



## FRIDAY

### PEEP Stay & Play

10:00 - 11:30 | 0 - 5 years

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

**Newbiggin Family Hub | Drop In**

### PEEP Toddler

09:30 - 10:30 | 1 - 2 years

**Sign up to request a place**

Helpful tips, play ideas, communication & your babies development

**Ashington Family Hub**



### **Ashington Family Hub**

Alexandra Road | Ashington  
Northumberland, NE63 9EF  
01670 819988

### **Newbiggin Family Hub**

Cleveland Ave | Newbiggin  
Northumberland, NE64 6RR  
01670 819988