### **Groups for Dads & Male Carers**



## What's the Craic?

for dads & male carers

From 5:30 - 7:30 pm

Berwick: 16th April, 14th May 25th June

Wooler: 7th May, 11th June



## Saturdads!

A session for fathers & father figures

From 10am - 11:30 am

2nd Saturday of the Month from 11th May

FREE session no need to book a morning of arts & crafts, games sports, breakfast snacks and much more...!

## Hangout at the Hub



Monthly Hangouts at Berwick Family Hub

From 9:15 - 10:15 am

1st Friday of every Month

Hear about what we offer whilst enjoying FREE refreshments and snacks all families welcome

## Family Panels (Monthly)



We want to hear your opinions on our services and these monthly panels offer this opportunity - in a safe & supportive environment.

Call at reception for further details

Northumberland Family Hubs provide a network of support for parents and carers of 0-19s (25 SEND) across the county

You can access all of our services for free by registering with us today. Scan the QR code below or get in touch





# **Berwick Family Hub**

Ladywell Place, Tweedmouth Berwick-upon-Tweed TD15 2AE

**Telephone: 01670 620 461 Email:** 

northfamilyhubs@northumberland.gov.uk



Alnwick Garden Tickets

For families registered with North

Family Hubs Call **01670 620430** 

to book (subject to availability)



## Berwick Family Hub



What's on April - June 2024

Scan the QR code to visit our website:



Find us on Facebook @northfamilyhubs



## Weekly Drop- In Sessions (term time only)



LTTP for 1-5 years

From 1:00 - 2:30 pm

Meet other families, help your child learn through play & get support from our Practitioners.



LTTP Babies

for 0-12 months

From 1:00 - 2:30 pm

Meet other families, help your baby learn through play & get support from our Practitioners.



LTTP (AND)

From 10:00am - 11:30am

LTTP (AND) Play, communication, behaviour and wellbeing for children with additional needs and disabilities aged 0-5 years



**Infant Feeding Support Group** 

From 1:30 - 3:00 pm (all year round)



**Mindful Mamas** 

From 1:00 - 2:30 pm

A FREE group or mums and female carersRun by **Northumberland Recovery College** 

Bookable courses - you must book a place to attend



**TODDLERS** 

NEW

For Children aged 1-2+ years

6 weekly sessions to support parents & carers, babies and children to learn together

The Next Course is: 30th April - 21st May From 10:30 - 11:30 am



BABIES

For Babies aged 6-12 Months

6 weekly sessions - with information, tips & activities to support your child's development

The Next Course is: 16th April -21st May From 1:00 - 2:00 pm



**BABIES** 

For Babies aged 0-6 Months

Get support & tips on your baby's play, communication & development.

The Next Course is: 17th April -22nd May From 10:30 - 11:30 am



**PEEP** Early Communicators

For Children aged 1 - 2+ years

6 weekly sessions - tips and support around your child's development and communication

The Next Course is: 26th April - 24th May From 10:00 - 11:00 am

#### **Bookable Courses**



## **HENRY Preperation** for Parenthood

6 antenatal sessions for expectant parents to be

The Next Course is: 23rd April - 21st May From 3:00 - 4:30 pm



**HENRY Starting Solids** For Babies aged around 6 months

A baby weaning session with advice and support

The Next Session is: date to be confirmed From 10:30 - 11:30 am

on introducing your baby to solid foods



BABIES

(In Wooler Fire Station)

For Babies aged 0-12 Months

The Next Course is: 26th April -24thMay From 10:30 - 11:30 am

**Other Services** 



**Weekly Baby Weigh Clinic** 

From 1:00 - 2:30 pm

To book an appointment

Call 0300 3732488



**Birth Registrations** 

@Berwick Family Hub

Last Thursday of the month

Appointments 1:30 - 3:30 pm

To book an appointment visit Northumberland County Council webiste (register a birth)