

Monthly Groups

Satdads (ages 0-19 - 25 years SEND)

A FREE session for dads and father figures. Bring your kids for a morning of games, sports, crafts and play

12th Oct, 9th Nov, 7th Dec

From 10am - 11:30 am

SEND Connect (ages 5-25)

A social group for children and young people with additional needs & disabilities

At The Grove School 4:30-6pm

11th Sept, 9th Oct, 13th Nov, 11th Dec

National Autistic Society North Northumberland Branch

Our Berwick Support Group runs the 3rd Tuesday of the month
In Berwick Family Hub, 9:30 - 11:00 am

15th October, 19th November, 17th December



Healthy Relationships

Parenting when Separated

Families going through separation can experience increased isolation and conflict. With our Parenting When Separated Programme, we can help parents to personally cope, and to co-parent effectively, to ensure their children cope and thrive.

Getting on Better

This is for any adult who cares for children aged 0-18years. The workshops aim to help adults manage their stress and communicate in better ways.

These are Virtual Workshops available for all our families please Scan the QR code to sign up by completing an RFS form



Other Services

Weekly Baby Weigh Clinic

From 1:00 - 2:30 pm

To book an appointment Call 0300 3732488

Birth Registrations@Berwick Family Hub

Last Thursday of the month

Appointments available between 1:30-3:30 pm


To book an appointment visit:

<https://northumberland.sishost.co.uk/Agenda/TelephoneRegistration/Appointment.html> (not running 31.10.24)

Northumberland Family Hubs provide a network of support for parents and carers of 0-19s (25 SEND) across the county
You can access all of our services for free by registering with us today.

Take a look at our "What's On" Padlet



Scan the QR Code or visit  <https://nland.cc/NorthPadlet> to see what's on in the North online!



Visit our Website

Scan the QR code or visit:  <https://www.familyhubsnorthumberland.co.uk/>



Family Panels

"Have Your Say!"

We want to hear your opinions on our services and our monthly panels offer this opportunity - in a safe & supportive environment.



Call 01670 620461 or visit nland.cc/NFP for more info.

FREE Alnwick Garden Tickets are available for families registered with North Northumberland Family Hubs



Please call 01670 620430 to book (subject to availability)



What's on at Berwick Family Hub

Oct - Dec 2024



Berwick Family Hub,
Ladywell Place, TD15 2ER
Tel: 01670 620461

Email:
northfamilyhubs@northumberland.gov.uk

To access our services:
Scan the QR code below then complete the membership form or get in touch



Find us on Facebook
@North Northumberland Family Hubs

Weekly Drop - In Sessions



PEEP Stay & Play 1-5 years

From 1:00 - 2:30 pm (term time only)

Gives children opportunities to socialise with others and take part in a range of engaging activities; also for parents and carers to learn about the key stages of their child's development



PEEP Baby Stay & Play

(babies aged 0-12 months)

From 1:00 - 2:30 pm (term time only)

An opportunity for babies to socialise and engage with others and take part in a range of activities, including the use of sensory equipment. Also for parents and carers to learn about key stages of their baby's development



Feeding Friends

From 1:30 - 3:00 pm (all year round)

Drop in for feeding advice, support and chat with other new parents in a warm and friendly space. Everyone is welcome, whether you have had your baby or are due to have your baby soon



Wooler Stay & Play 0-5 years

PEEP Stay & Play 0-5 years

In Wooler Fire Station

10:00 - 11:30 (term time only)

Brand New for children aged 5-9 years

Book your space now..! Tel: 01670 620 461

NEW



CLARTY KIDS (5-9 YEARS)

Weekly Thursday from 7.11.24

3:30-4:45 (term time only)

A Fun & FREE session for children aged 5-9 years old to take part in lots of different activities including art, crafts, relaxation & much more

peep COURSES **NEW**

PEEP sessions support parents, carers, babies and children to learn together. You must book to attend



PEEP

TODDLERS

For Children aged 1-2+ years

6 week course for parents/carers to give activity ideas, tips and techniques to enable you to support your children's development.

The Next Course is: 4th Nov - 9th Dec

From 1:30 - 2:30 pm



PEEP

BABIES

For Babies aged 0-6 Months

Get support & tips on your baby's play, communication & development.

The Next Course is:

From 13th Nov - 18th Dec 10:30 am - 11:30 am

PEEP

BABIES

(aged 6-12 Months)

6 weekly sessions all about those precious first few months. Come and meet other new parents and get hints and tips on communication and play!

The Next Course will be starting in

January 2025 - sign up now..!

PEEP

Early Communicators

For Children aged 15 - 36 months

6 week course to support your child's journey through language & communication, play stories & fun activities.

The Next Course will be starting in

January 2025 - sign up now..!

PEEP

Stay & Play (AND) 0-5 years

Start date t.b.c sign up now..!

Stay & Play (AND) - Play, communication, behaviour and wellbeing for children with additional needs and disabilities

Scan the QR code to book onto any of the PEEP courses or any other bookable session by completing a Request for Service form



Bookable Courses

HENRY Preperation for Parenthood

A 4-week antenatal class with lots of guidance and support for parents-to-be

Weekly Tuesday's from 5th Nov - 10th December From 3:00 - 5:00 pm



HENRY (0-5 years)

Healthy Families from the start

An 8 week course that supports you to give your children the healthiest start & future.

From 7th November - 19th December 1-2:30 pm



One off Sessions

(Give us a call to book 01670 620 461)

Friday Fun in November

8th Nov - Light Sensory (0-12 months)

15th Nov- Singing and Songs (0-5 years)

22nd Nov - Tummy Time (0-12 months)

29th Nov - Messy Play (1-5 years)

All running 1:30-2:30 pm

Call 01670 620 461 to book a place



HENRY Starting Solids

For Babies aged around 6 months

If your baby is ready to start solids foods, join us in our Starting Solids workshop to help get your them off to a great start.

On Thursday 28th November 10:30-11:30 am

Baby First Aid

2-hour awareness session dealing with common childhood incidents, injuries and occurrences. Simple, easy to remember techniques and procedures without confusing medical jargon

Thu 7th November 9:30-11:30 am